Both High ED and Low ED foods were presented in Large PS and in Small PS. This created a 2x2 block design of Large PS High ED (average 370 kcal $\pm$ 209), Small PS High ED (average 74 kcal $\pm$ 42), Large PS Low ED (average 85 kcal $\pm$ 61), Small PS Low ED (average 17 kcal $\pm$ 12). Food items within blocks were grouped as shown based on relative similarity, such as sweet or savory. Oat cereal with milk was used for the ED calculation.