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How sex chromosomes break up to get together

Ericka Humphrey & Francesca Cole

Sex chromosomes must exchange genetic information at a short region during meiotic cell division. Molecular factors have now been found that alter sex-chromosome structure and enhance this exchange process. **See p.426**

Sperm and eggs are produced through a specialized type of cell division called meiosis, which ensures that the cells have only half the usual number of chromosomes - one copy of each chromosome instead of two in mammals. During meiosis, each set of parental chromosomes exchanges DNA sequences at equivalent (homologous) regions along their length. This exchange of information - a process called recombination - is induced by DNA double-strand breaks that occur about every 10 megabases¹. However, X and Y chromosomes share only a short (about 700 kilobase) homologous region called the pseudoautosomal region (PAR); double-strand breaks must therefore occur² much more frequently in this region to ensure proper recombination between X and Y chromosomes. On page 426. Acquaviva et al.³ show how a DNA element provides a platform for enhancing the frequency of double-strand breaks in the PAR.

The early part of meiosis consists of several steps. Each chromosome is duplicated, forming two identical copies, known as sister chromatids, that are connected to each other by cohesin protein complexes. Double-strand breaks are then formed along the chromatids by the protein SPO11, with the help of its accessory factors. The 3' ends of the breaks search for homologous sequences - this leads to pairing and alignment of homologous chromosomes (such as the X and Y, or both copies of any non-sex chromosome) along their lengths, in a process called synapsis. Finally, during recombination, chromatid arms are exchanged between the two homologous chromosomes. This last step is essential for the accurate segregation of each pair of homologous chromosomes into separate daughter cells. Insufficient recombination at the PAR is a major cause of developmental disability and infertility⁴. Indeed, the sex chromosomes are the most frequently mis-segregated chromosomes in sperm⁴.

The frequency of meiotic double-strand breaks correlates with the number of chromatid structures called 'loop-axis units'. DNA loops emanate from a protein-rich DNA axis that makes up the backbone of the chromatid⁵ (Fig. 1). Chromatid regions that have longer axes and shorter loops generally have more double-strand breaks than do those with shorter axes and longer loops. The PAR has a relatively long axis for the length of its genomic sequence, suggesting that chromosome structure might promote the high frequency of breaks needed to ensure PAR recombination¹.

How might this PAR-specific chromosome structure be formed and regulated? To answer this question, Acquaviva *et al.* analysed mouse spermatocytes (meiotic precursors of sperm). They found that the PAR is restructured before synapsis, both to elongate the axes of aligned sister chromatids and to separate them from one another at the PAR (Fig. 1).

The authors showed that the separated axes are strongly bound by five proteins that promote double-strand-break formation (REC114, MEI4, MEI1, ANKRD31 and IHO1; collectively dubbed RMMAI). These factors were already known to accumulate elsewhere in the nucleus^{6,7}; Acquaviva and colleagues found that this accumulation occurs at regions of repetitive DNA sequences called mo-2 minisatellites. The researchers propose that mo-2 minisatellites could act to bind proteins and other molecules involved in chromosome restructuring and double-strand-break formation, including RMMAI proteins.

To test this model, the authors compared a mouse strain that naturally has few mo-2 minisatellites with a standard laboratory strain, which has many more. REC114 accumulation was lower in the 'low' mo-2 strain than in the 'high' mo-2 animals. The group then analysed PAR structure in spermatocytes from offspring of crosses between the low- and high-mo-2 strains. The sex chromosome derived from the high-mo-2 parent always showed high levels of RMMAI enrichment and axis remodelling



Figure 1 | **Formation of double-strand DNA breaks in sex chromosomes.** During meiotic cell division, chromosomes duplicate to form two identical sister chromatids that align lengthways. Double-strand breaks (DSBs, not shown) then form in DNA – a phenomenon essential for normal meiosis. DSBs form frequently in a short region of the X and Y chromosomes called the pseudoautosomal region (PAR). Acquaviva et al.³ report that, in the meiotic precursors of sperm in mice, the PAR contains sections of repeated DNA sequences called mo-2 minisatellites, which promote the formation of many DSBs. The minisatellites exert this effect because they are highly bound by five DSB-promoting proteins, collectively dubbed RMMAI. In addition, they might act by altering a 'loop-axis' structure that governs how DNA loops away from a main axis along each chromatid, and by inducing the separation of aligned sister chromatids at the PAR.

at the PAR, regardless of whether it was X or Y; by contrast, the PAR derived from the low-mo-2 parent did not. Moreover, Acquaviva and colleagues showed that mo-2 arrays, along with sufficient accumulation of RMMAI, can lead to structural remodelling of non-sex chromosomes – at the end of chromosome 9, for instance.

Does the accumulation of RMMAI and structural remodelling at mo-2 arrays actually cause an increased frequency of double-strand-breaks? The protein RPA2 is concentrated at sites at which recombination is under way - Acquaviva et al. therefore analysed these RPA2 foci as a proxy for double-strand breaks. RPA2 associated highly with mo-2 arrays. Indeed, when synapsis was nearly complete, 70% of mo-2 sites had associated RPA2 foci. Further supporting the idea, the group showed that the overlap between RPA2 foci and mo-2 arrays was significantly lower in mice lacking the RMMAI component ANKRD31, and previous work has shown that X and Y chromosomes do not properly pair up in these animals^{6,7}.

RMMAI accumulation therefore seems to be key for promoting double-strand breaks and recombination at the PAR. By contrast, a mechanism involving the protein PRDM9 is known^{8,9} to control the location of most double-strand breaks outside the PAR. The authors found that the frequency of breaks was higher than average at mo-2 arrays on non-sex chromosomes, and showed that these breaks form independently of PRDM9. Thus, mo-2 arrays define chromosomal regions in which PRDM9- independent mechanisms of break formation can occur, with RMMAI accumulation crucial to this process.

Both double-strand breaks and synapsis occur later at mo-2 arrays than at other chromosomal regions in spermatocytes. The double-strand-break machinery is suppressed once chromosomes have fully synapsed^{1,10}. The authors therefore hypothesized that delayed synapsis might underlie the increased frequency of double-strand breaks at mo-2 arrays. To test this, they investigated chromosome structure and break frequency in the meiotic precursors of eggs, oocytes. The X chromosomes of oocytes do have mo-2-rich PAR regions in which RMMAI accumulates, but they do not rely on these regions for synapsis, because the two X chromosomes share homology along their whole lengths. X chromosomes therefore synapse with the same efficiency as do non-sex chromosomes.

Consistent with their model, Acquaviva et al. showed that levels of double-strand breaks are not as high in the PAR of oocytes as in that of spermatocytes. However, the group could trigger high-level break formation on mo-2 arrays by delaying synapsis. Normally, oocytes progress more rapidly through early meiosis than do spermatocytes. This finding therefore suggests that the duration of early meiosis might be differentially regulated to meet the different biological imperatives of sperm and eggs – with a longer time frame allowing vulnerable regions such as the PAR to accumulate sufficient double-strand breaks.

Why the axes of sister chromatids become separated at the PAR, and whether this promotes break formation and recombination, have vet to be determined. As a consequence of axis separation, the sister chromatids of spermatocyte sex chromosomes are farther apart than are those of other chromosomes. The authors suggest that axis separation might suppress ineffectual intersister recombination in favour of homologous recombination between chromosomes. In addition, the group posits that chromosome restructuring is linked with the accumulation of a cohesin protein that they see at the tip of the PAR. Cohesin accumulation in this region might increase cohesion between sister chromatids, which in turn would help to stabilize the association between homologous chromosomes. An alternative model is that axis separation might provide more 'real estate' on which factors promoting double-strand breaks could assemble at the PAR because

the proteins can accumulate between the separated axes. These non-exclusive models provide intriguing fodder for future research.

How double-strand breaks are formed at the PAR has been a conundrum for the field. Acquaviva and colleagues' model paints an elegant picture of how a genetic element, chromosome structure and the timing of meiosis interact to ensure proper recombination.

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Ancient DNA

Incest uncovered at elite prehistoric Irish burial site

Alison Sheridan

The huge, elaborate, 5,000-year-old tomb at Newgrange, Ireland, is thought to have been built for a powerful elite. DNA of a man buried there reveals a case of incest. Was this a strategy to maintain a dynastic bloodline? **See p.384**

A study of the DNA of Ireland's Stone Age inhabitants has produced spectacular results, with far-reaching consequences for our understanding of prehistoric population movement and the structure of that ancient society. On page 384, Cassidy *et al.*¹ report their striking discoveries from this project.

The authors looked at the period, around 4000 BC, when farming appeared as a new, Neolithic way of life, supplanting the older and more mobile Mesolithic lifestyle based on fishing, hunting and foraging for wild foods. Cassidy *et al.* examined the social structures of these farming communities over the following 1,500 years, focusing on the people buried in passage tombs – a type of monument featuring a chamber, covered by a mound, that is entered along a passage. The most famous Irish passage tomb is the enormous monument at Newgrange (Fig. 1), which is part of a World Heritage site of the United Nations Educational, Scientific and Cultural Organization. This huge circular mound is one of three major tombs built in the Brú na Bóinne cemetery complex in County Meath, north of Dublin, in eastern Ireland.

Newgrange was constructed between around 3200 and 3000 BC. It was built using sophisticated engineering to ensure that, at the end of a long, stone-lined passage, a burial chamber is lit up for a few minutes every year by the rays of the rising Sun, on and around the shortest day of the year. The monument pre-dates, by around 500 years, the huge trilithon stones at Stonehenge, which align to the winter and summer solstices. Marking