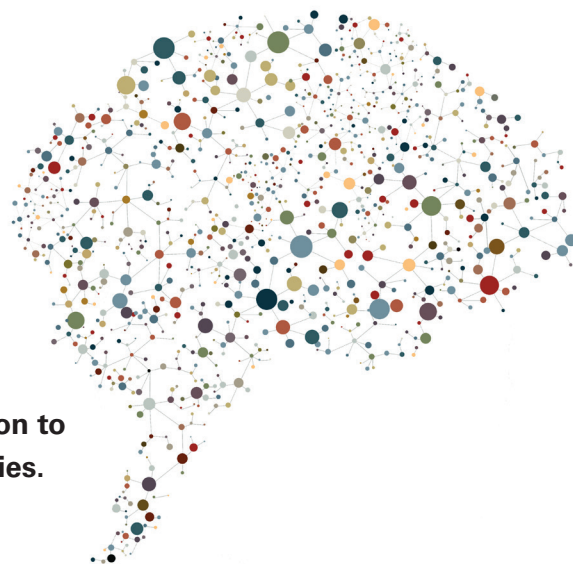




Research



Nestlé Research tackles Cognitive health

In 2016 Nestlé celebrates its 150th anniversary. 150 years ago, a young scientist, Henri Nestlé, developed a formulation to help mothers unable to breastfeed nourish their infant babies. A problem was solved.

Today, 150 years later, the fundamental mindset at Nestlé Research remains the same. The nutrients in our food expose our body, including our brain, to a range of potential positive and negative modulators of physiological functioning. It is not surprising therefore that our daily diet and long-term dietary habits have been associated with acute cognitive states, as well as long-term risks of diminishing performance and neurological diseases.

In recent decades, a multitude of mechanistic and functional links have been identified between nutritional factors and brain function. The field of nutrition and brain health holds exciting potential for new discoveries, as well as refinement of existing knowledge. At Nestlé Research, scientists are determined to contribute to these discoveries through rigorous and relevant nutritional research. Our task at Nestlé Research is to convert exemplary scientific expertise and knowledge into product innovations and renovations in line with our Nutrition, Health and Wellness ambition. To achieve our goal and fuel sustainable success for Nestlé, we have the largest research network of any food company in the world, with 39 research facilities, and over 5000 people involved.



www.research.nestle.com